

From the Rector _____

The Fourth Sunday in Lent marks the midpoint in our Lenten fast and has traditionally been celebrated with special activities. Over the years, it has had various names, including **Mothering Sunday**, **Mid-Lent Sunday**, and **Refreshment Sunday**. The first title takes its cue from St. Paul's reference in the Epistle traditionally appointed for the Fourth Sunday in Lent, from St. Paul's Letter to the Galatians, to Jerusalem as the spiritual 'mother' of us all'. Mothering Sunday became the day for apprentices and young people working as servants to have a holiday to go home to visit their mothers, taking presents with them. In that way, Mothering Sunday is the original "Mother's Day," long pre-dating the modern secular holiday; and it reminds us to express our gratitude to both our natural mothers and our spiritual mother, the Church.

Centuries ago there was also the custom for people to return to their home or 'mother' church once each year. So each year in the middle of Lent, those who were able would visit their 'Mother' church - the main or oldest church or Cathedral of the area. Inevitably the return to the 'mother' church became an occasion for family reunions when children who were working away, which could start as soon as age 10, would return home. It was the return to the 'Mother' church which led to the tradition of children, particularly those working as domestic servants, or as apprentices, being given the day off to visit their mother and family. As the story goes, as they walked along the country lanes, children would pick wildflowers or violets to take to church or give to their mother as a small gift, which we see reflected in the custom of sharing flowers with mothers and grandmothers and godmothers in Church.

Another name for Mothering Sunday is Refreshment Sunday because the fasting rules for Lent were relaxed that day, drawing on the image in the Gospel story of Christ's miraculous Feeding of the Five Thousand. The food specially associated with Mothering Sunday is Simnel cake, which is a fruit cake with two layers of almond paste, one on top and one in the middle. Various symbols representing the Apostles and the Trinity have customarily been included as part of the decoration. The name Simnel likely comes from the Latin word *simila*, which means a fine wheat flour.

So, here in the middle of our Lenten journey to the Cross, the Church offers us a day of rest on which we are reminded of the Grace of God which nourishes us soul and body every day. And we are reminded of all those who have nourished and nurtured us in body and soul, including the Church.

Mothering Sunday

At last, in spite of all, a recognition,
For those who loved and laboured for so long,
Who brought us, through that labour, to fruition
To flourish in the place where we belong.
A thanks to those who stayed and did the raising,
Who buckled down and did the work of two,
Whom governments have mocked instead of praising,
Who hid their heart-break and still struggled through,
The single mothers forced onto the edge
Whose work the world has overlooked, neglected,
Invisible to wealth and privilege,
But in whose lives the kingdom is reflected.
Now into Christ our mother church we bring them,
Who shares with them the birth-pangs of His Kingdom.

Malcolm Guite



Parish Notices and Updates _____

FREDERICTON COMMUNITY KITCHENS is planning on reopening their dining room to guests at the end of this month; and to do so, they need to increase the number of volunteers per shift, especially during meal service time, from 3-4 volunteers to 6-8 volunteers. If you are interested in signing up for a weekly/bi-weekly shift, they have availability for almost every day/shift and are especially in need of help at the following times:

- * Mondays: 9:00 a.m.-1:00 p.m.
- * Wednesdays: 7:00 a.m.-8:30 a.m.; 9:00 a.m.-1:00 p.m.
- * Thursdays: 7:00 a.m.-8:30 a.m.
- * Fridays: 7:00 a.m.-8:30 a.m.; 9:00 a.m.-1:00 pm; 4:00 p.m.-6:00 p.m.
- * Saturdays: 4:00 p.m.-6:00 p.m.
- * Sundays: 9:00 a.m.-1:00 p.m.

For more information contact Danielle Everett (457-1788). They also have a helpful volunteer guide on the website. To apply to be a volunteer go to: <https://www.frederictoncommunitykitchen.com/volunteer>.

ORDINATION OF CAPTAIN NICHOLAS SAULNIER: Archbishop David Edwards has announced his intention to ordain Captain Nicholas Saulnier, currently a 3rd Year student at Wycliffe College in Toronto, as deacon in the Church of God on the **Saturday Ember Day, June 11th**, at

2:00 p.m. at St. George's Anglican Church in the Parish of Moncton. Captain Saulnier is expected to start his work in the Parishes of St. Mary, York, Marysville, and Stanley shortly after his ordination. Please keep him in your prayers as he prepares for this foundational day in his ministry as he responds to God's call to servanthood.

FLOWERS AT EASTER: Those who wish to place memorial flowers may do so by including a donation through the collection plate or by arranging to have a donation dropped off at the Rectory. Please ensure that your donation includes the names of those in whose memory the flowers are being placed; and to help us to include that information in the Easter bulletin, we'll need to know by **Palm Sunday, April 10th**. For more information, please speak to the Rector.

SAFE FOOD HANDLING COURSE: Chef Yves Dechaine, Learning Kitchen Manager at Greener Village, will be offering the course on the morning and afternoon of **Wednesday, April 27th**, here at St. Mary's. Those who previously expressed a wish to receive the training are asked to confirm with the Rector in the next couple of weeks if they are available in that date. If any of them are unable to we'll have to proceed with that date, but others may be able to join the class if spaces become available. Please speak to the Rector as soon as possible.

OUR WEEKLY BIBLE STUDY is held each Friday from **10:00 to 11:30 a.m. on Zoom**. We've started a new series called "Matriarchs & Patriarchs; Prophets & Papyri: the great stories of the Old Testament and how they point us to Jesus." If you'd like to join us, even occasionally, please let the Rector know so that he can send the Zoom link to you.



Our Mothering Sunday Flowers are given to the
Glory of God
and in loving memory of
Mary & Parnell Stack
Marianna Stack
by the Family

*Rest eternal grant unto them, O
Lord, and let light perpetual shine
upon them.*

The Anglican Church of Canada
The Diocese of Fredericton
THE PARISH OF
ST. MARY, YORK



All this day, O Lord,
let me touch as many lives as possible for thee;
and every life I touch,
do thou by thy spirit quicken,
whether through the word I speak,
the prayer I breathe,
or the life I live.

Mary Sumner, Founder of Mothers' Union

PRIEST AND RECTOR

The Venerable Kevin M. Stockall, B.A. (Hons), M.Div.
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THE FOURTH SUNDAY IN LENT

MOTHERING

SUNDAY

March 26, 2022

*Stand fast therefore in the liberty
wherein Christ hath made us free!*

4:30 p.m. – Evening Prayer:

✠ Psalm 119 parts 15 & 16 | Exodus 23:18-end | Ephesians 6:10-end

5:00 p.m. – The Holy Eucharist

Introit Psalm 86:1-7:	page 439
<i>The Gloria is omitted during Lent</i>	
The Collect:	page 147
The Collect for Ash Wednesday:	page 138
The Old Testament Reading:	Exodus 16:2-7a
Psalm 25:8-15:	page 358
The Epistle:	page 147
Gradual Psalm 25:16-22:	page 359
The Holy Gospel:	page 147
The Creed:	page 71
The Homily	
The Prayers of the People:	L: Lord, in your mercy C: Hear our prayer
The Consecration:	page 82
Post Communion Prayer:	page 85

We acknowledge that the land on which we gather is the traditional unceded territory of the Wəlastəkwiyyik (Wolastoqiyik) Peoples. This territory is covered by the “Treaties of Peace and Friendship” which Wəlastəkwiyyik (Wolastoqiyik), Mi’kmaq, and Passamaquoddy Peoples first signed with the British Crown in 1726. The treaties did not deal with surrender of lands and resources but in fact recognized Mi’kmaq and Wəlastəkwiyyik (Wolastoqiyik) title and established the rules for what was to be an ongoing relationship between nations.



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SCHEDULE OF SERVICES

MARCH 29: LENTEN FERIA

2:30 p.m. – Holy Communion, *Neill Hall*

MARCH 30: JOHN KEBLE, Scholas & Poet 1866

6:30 p.m. – Evening Prayer

7:00 p.m. – Holy Eucharist

MARCH 31: LENTEN FERIA

8:30 a.m. – Morning Prayer

APRIL 1: LENTEN FERIA

4:00 p.m. – Evening Prayer (Zoom)

7:00 p.m. – Stations of the Cross

APRIL 2: FIFTH SUNDAY IN LENT: PASSION SUNDAY

4:30 p.m. – Evening Prayer

5:00 p.m. – Holy Eucharist

APRIL 3: FIFTH SUNDAY IN LENT: PASSION SUNDAY

9:30 a.m. – Morning Prayer

10:00 a.m. – Holy Eucharist

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**THE CORPORATION OF THE ANGLICAN PARISH
OF ST. MARY, YORK,**
gratefully acknowledge the **ANGLICAN**
generous support of the Anglican **FOUNDATION OF CANADA**
Foundation of Canada for our Renewing St. Mary’s Project.

THE FOURTH SUNDAY IN LENT

MOTHERING

SUNDAY

March 27, 2022

*Stand fast therefore in the liberty
wherein Christ hath made us free!*

9:30 a.m. – Morning Prayer:

✠ Psalms 86 & 87 | Genesis 35:1-15 | Hebrews 13:1-21

♪ **PROCESSIONAL HYMN:** **627** (EWING)

The Gloria is omitted during Lent

The Collect: *page 147*

The Collect for Ash Wednesday: *page 138*

The Old Testament Reading: Exodus 16:2-7a

Psalm 122: *page 498*

The Epistle: *page 147*

Gradual Psalm 125: *page 499*

The Holy Gospel: *page 147*

The Creed: *page 71*

The Homily

♪ **OFFERTORY HYMN:** **807** (HERMON)

The Prayers of the People: L: Lord, in your mercy

C: Hear our prayer

The Consecration: *page 82*

Post Communion Prayer: *page 85*

♪ **RECESSIONAL HYMN:** **503** (KINGSFOLD)

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