

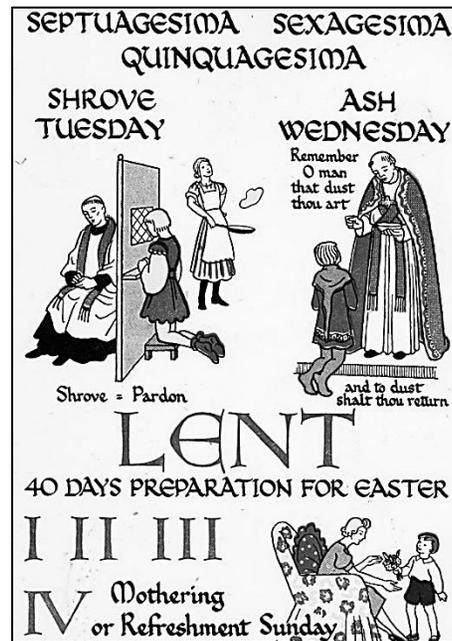
From the Curate

“Shrove” Tuesday – it doesn’t just mean pancakes!

If I were to ask you what the word “shrove” means, it’s possible that the reply might have something to do with pancakes. This makes sense, because for almost everyone who grew up in the last century, that’s about the only time you’d use that word in a year: Shrove Tuesday. This day has different names that are much more explicit about what happens: Fat Tuesday (English) or Mardi Gras (French). Pancakes, pancakes, pancakes.

I’m sure many of the readers of this column have heard *why* we eat pancakes on Shrove Tuesday: since Lent is a time of fasting and self-discipline, it was traditional to consume any remaining fatty foods prior to the beginning of Lent – such as butter, oils, and fats – because they would not be used for cooking during Lent. Of course, our tradition of pancake suppers is hardly connected anymore to refraining from those foods for the season of Lent. No, the word “shrove” has nothing to do with pancakes, but actually does have to do with another kind of “trimming the fat” – the fat of our sins.

This word, “shrove”, is a derivative of an Old English word, “*shrive*” – which means “absolve”. “Absolve” is a word we might better recognize and is intimately connected to the act of confession of sins. For instance, in the liturgy, immediately after the confession the priest pronounces the Absolution, which is a declaration of God’s forgiveness of sins for all those who repent. Seeing as Lent is a season of penitence and preparation for Christ’s passion, death, and resurrection, the medieval Church encouraged the faithful to seek out a priest in the week before Lent began to confess their sins and receive



absolution. “Shrove Tuesday”, as we know it in the English tradition, gets its name because this was the last day to seek absolution before the penitential season began – to begin Lent with something of a “clean slate”. Shrove Tuesday, thus, is a recommended deadline for both the trimming of fat from our diets, and the trimming of spiritual fat from our souls.

In the pre-reformation Church in England, sacramental confession was required of all Christians at certain times of year, and this was one of them. There could be such a demand on the priests’ time that this period of confession was extended to include most of the Gesimas, or pre-Lent, with the final few days sometimes known as “Shrovetide” – or a mini season to seek absolution. This is one of the reasons the Gesima Sundays are so important as a time of preparation for Lent. They are a numeral reminder of how close Easter is (this weekend is Quinquagesima – 50 days). Liturgically they abruptly turn our focus to the Cross. Personally, they encourage us to repent and seek absolution for our sins.

The Anglican tradition, since the reformation, has been clear that individual sacramental confession is not a *mandatory* practice, and has generally held the motto “all may, none must, some should”. Instead, we have the practice of general or public confessions as part of our liturgies. If, however, you do feel called to speak to a priest, please do not hesitate to be in touch with Fr. Stockall. If you’d like to see what that might look like, the Book of Common Prayer provides a form for private confession beginning on page 581, and the Book of Alternative Services provides one beginning on page 167.

As we prepare for this season of repentance and fasting, let us embark on a time of self-examination, and trim the fat from our spiritual and physical diets this Lent.

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We acknowledge that the land on which we gather is the traditional unceded territory of the Wəlastəkwiyyik (Wolastoqiyik) Peoples. This territory is covered by the “Treaties of Peace and Friendship” which Wəlastəkwiyyik (Wolastoqiyik), Mi’kmaq, and Passamaquoddy Peoples first signed with the British Crown in 1726. The treaties did not deal with surrender of lands and resources but in fact recognized Mi’kmaq and Wəlastəkwiyyik (Wolastoqiyik) title and established the rules for what was to be an ongoing relationship between nations.



SCHEDULE OF SERVICES

FEBRUARY 20: PRE-LENT FERIA

8:30 a.m. – Morning Prayer
4:30 p.m. – Evening Prayer

FEBRUARY 21: SHROVE TUESDAY

8:30 a.m. – Morning Prayer
3:30 p.m. – Evening Prayer, *All Saints, Marysville*

FEBRUARY 22: ASH WEDNESDAY

9:30 a.m. – Morning Prayer, *All Saints, Marysville*
10:00 a.m. – Holy Eucharist, *All Saints, Marysville*
With the Imposition of Ashes (BAS)
6:30 p.m. – Evening Prayer
7:00 p.m. – Holy Eucharist
With the Imposition of Ashes (BCP)

FEBRUARY 23: LINDEL TSEN, Bishop in China, Consecrated 1929

PAUL SASAKI, Bishop in Japan, Consecrated 1935

8:30 a.m. – Morning Prayer, *All Saints, Marysville*
4:30 p.m. – Evening Prayer

FEBRUARY 24: ST. MATTHIAS THE APOSTLE

8:30 a.m. – Morning Prayer
4:00 p.m. – Evening Prayer (Zoom)
7:00 p.m. – Stations of the Cross, *St. Mary's*

FEBRUARY 25: THE FIRST SUNDAY IN LENT

8:30 a.m. – Morning Prayer
4:30 p.m. – Evening Prayer
5:00 p.m. – Holy Eucharist

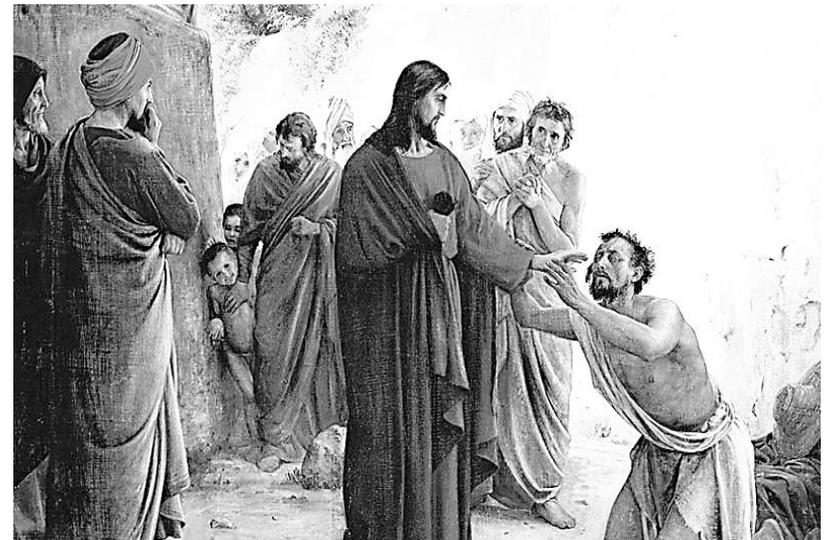
FEBRUARY 26: THE FIRST SUNDAY IN LENT

9:30 a.m. – Morning Prayer
10:00 a.m. – Holy Eucharist
4:30 p.m. – Evening Prayer



The Anglican Church of Canada
The Diocese of Fredericton

THE PARISH OF ST. MARY, YORK



In a world ruled by law, grace stands as a sign of contradiction. We want fairness; the gospel gives us an innocent man nailed to a cross who cries out, “Father, forgive them.” We want respectability; the gospel elevates tax collectors, prodigals, and Samaritans. We want success; the gospel revises the terms, moving the poor and downtrodden to the head of the line and the wealthy and famous to the rear.

Philip Yancey, *Soul Survivor*

THE SUNDAY CALLED QUINQUAGESIMA

February 18, 2023

*Behold, we go up to Jerusalem!
O come, let us worship!*

4:30 p.m. – Evening Prayer:

✠ Psalm 94 | Genesis 17:1-22 | Romans 6

5:00 p.m. – The Holy Eucharist

Introit Psalm 31:1-6:	<i>page 364</i>
The Gloria:	<i>page 86</i>
The Collect:	<i>page 136</i>
The Old Testament Reading:	Genesis 9:8-17
Psalm 31:16-19:	<i>page 365</i>
The Epistle:	<i>page 136</i>
Gradual Psalm 31:22-28:	<i>page 366</i>
The Holy Gospel:	<i>page 137</i>
The Nicene Creed:	<i>page 71</i>
The Homily	
The Prayers of the People:	L: Lord, in your mercy C: Hear our prayer
The Consecration:	<i>page 82</i>
Post Communion Prayers:	<i>page 85</i>

THE SUNDAY CALLED QUINQUAGESIMA

February 19, 2023

*Behold, we go up to Jerusalem!
O come, let us worship!*

9:30 a.m. – Morning Prayer:

✠ Psalms 84 & 133 | Genesis 3 | 1 Corinthians 10:1-13 (14-24)

10:00 a.m. – The Holy Eucharist

♪♪ PROCESSIONAL HYMN:	470 (HYFRYDOL)
The Gloria:	<i>page 86</i>
The Collect:	<i>page 136</i>
The Old Testament Reading:	Genesis 9:8-17
Psalm 31:22-28:	<i>page 366</i>
The Epistle:	<i>page 136</i>
♪♪ GRADUAL HYMN:	472 (CAPETOWN)
The Holy Gospel:	<i>page 137</i>
The Nicene Creed:	<i>page 71</i>
The Homily	
♪♪ OFFERTORY HYMN:	475 (PUER NOBIS NASCITUR)
The Prayers of the People:	L: Lord, in your mercy C: Hear our prayer
The Consecration:	<i>page 82</i>
Post Communion Prayer:	<i>page 85</i>
♪♪ RECESSIONAL HYMN:	803 (GWALCHMAI)

Parish Notices and Updates

THE ANNUAL MEETING will be held on this *Sunday* on ZOOM at approximately 11:45 a.m. **Copies of the report and the minutes of last year's meeting** are now available. Reports can be emailed to you and some printed copies are available on the table in the narthex for those who prefer a paper copy. Please plan to join us on Zoom for the meeting.

COFFEE & CONVERSATION: Many of you have expressed a desire for the resumption of our weekly Coffee and Conversation social time on Sunday mornings. We'd like to get those started as soon as possible but to do that we'll need to reconstitute our volunteer teams. Please speak to the Rector or the Curate if you'd like to be assigned to one of the teams.

HELPFUL LENTEN READING: A generous donor has again made available a number of copies of '**The Little Black Book**' a small booklet of 6-minute reflections for each day through Lent. Please pick up a copy of the booklet on the table in the narthex and allow this exercise to enrich and inform your Lenten preparation.

THE SEASON OF LENT will begin on February 22nd with the commemoration of **Ash Wednesday**. For your convenience, you have the choice of attending either our morning celebration at *All Saints' Church in Marysville at 10:00 a.m.* (BAS) or our evening celebration at *St. Mary's at 7:00 p.m.* (BCP). Everyone is warmly encouraged to set aside time to attend one of these two Celebrations of the Holy Eucharist that together we might begin the journey to the Cross.

ST. MARY'S BIBLE STUDY is held each Friday from 10:00 to 11:30 a.m. in the Church. We're looking at a series called "Matriarchs & Patriarchs; Prophets & Papyri: the great stories of the Old Testament and how they point us to Jesus." Feel free to come along whenever you can!

PLEASE JOIN US EACH FRIDAY IN LENT at 7:00 p.m. starting this week for the *Stations of the Cross*, which is a quiet reflective service in which we journey through Christ's steps on the road to the Cross. This brief service is an excellent and hopeful mediation on what Christ was accomplishing on our behalf by His sacrificial death and glorious resurrection. *In recognition of our Shared Ministry with the Parish of Marysville, we will be alternating the location between the two churches.* We'll be starting on the 24th at St. Mary's and on March 3rd we'll be at All Saints'. Please join us whenever you can.

PARISH PRAYER LIST: One of the most important ministries which we are blessed to share here at St. Mary's is the ministry of prayer. At every Celebration of the Holy Eucharist we reserve a significant

part of our time to pray for those, both within and beyond our Parish Family, who are facing challenges; and our efforts are deeply appreciated by more people than we could count. Deacon Nicholas is now responsible for updating our prayer list; please send your prayer requests to him at nicholas.saulnier@anglican.nb.ca or 588-3304

DEACON NICHOLAS WILL BE OFFERING CONFIRMATION preparation to anyone wishing to be confirmed. It is hoped that there will be two programmes; one for those in late elementary and middle school and a second for those high school age and above. We hope to start in the next few weeks, so please speak to Deacon Nicholas or the Rector if you are interested or have any questions.

COLDEST NIGHT OF THE YEAR: On Saturday, February 25th, together with thousands of Canadians across the country, a team from our Diocesan Synod Office – Anglican Energy – will again be walking and fundraising to support hungry, homeless, and hurting people and families in our communities, raising funds for Youth in Transition and the John Howard Society. Please consider sponsoring the team by going to <https://secure.e2rm.com/registrator/TeamFundraisingPage.aspx?teamID=990014> You can also go to **cnoy.org** and search for the Fredericton event and support the team that way.

THIS YEAR'S WORLD DAY OF PRAYER SERVICE video is available online. The 55 minutes service video, produced by the Women's Inter-Church Council of Canada, can be watched at home any time and can be downloaded at **wicc.org** for free. There will be a World Day of Prayer Service on Friday, March 3rd at Nashwaaksis United Church, 46 Main Street, at 2:00 p.m. followed by a Reception.

PARISH PARTY FOR LENT: Mark your calendars! We're planning another special parish event for pre-school and school-age kids (and their families!) We're organizing a **PARISH LENTEN PARTY** on *Saturday, March 18th* from **10:00 a.m. to 1:00 p.m.** in the Parish Hall. There will be crafts and activities for all ages. Everything will wrap up with a Family Lunch. Plan to join us on the 18th and please feel free to invite a friend. For more information please speak to the Rector or the Curate.



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