

From the Rector _____

We all know the difference between a thermometer and a thermostat, don't we?

A *thermometer* is an instrument designed to measure the temperature. A *thermostat* both measures and regulates temperature as part of a heating or cooling system. Each, of course, has its purpose; but on a scorching hot day, knowing how hot it is does nothing to cool you unless there's some system for making the temperature around you a little more comfortable.

On the whole, we are fairly good at being thermometers. Well, at least I am. We readily assess the situation around us, not just whether it's too hot or too cold, but whether or not we like what our neighbour is doing or what this or that person said; we'll criticise the government for what they've done, or not done; we'll complain if someone fails to give us the attention we think we deserve; and heaven forbid that someone should rush to take the spot that we wanted in the parking lot! Humanity is quick to assess whether or not someone is making their life uncomfortable; and just as quick to say or do something in response.

But when we do so, we seldom ever have the vision we need to see what else our neighbour or the government or the store clerk or that driver is dealing with at that moment; or what they've had to deal with to get to that moment. And that's when it's better if we try to be thermostats rather than thermometers: that is, not just reading the temperature of a situation but working actively to make it better. And just as your home has tools to change the interior temperature, God the Holy Spirit has tools that we can use to change the temperature around us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

None of these should excuse bad behaviour by others; but allowing God to open our eyes and turn our hearts may help us to understand better why others behave as they do; and it will certainly give us a much better chance to open the eyes and heal the hearts of those who have hurt or offended us. Are we willing, as the Body of Christ, to do what lies in our power to turn down the temperature around us when relationships are overheated by anger and misunderstanding; and are we willing to do what lies in our power to warm up those situations that are cooled by resentment and bitterness? A thermometer is a useful thing, but it has no power to make things better. A thermostat can. And, with God's help, so can we.

From Greener Village _____

Help us stock our shelves for the Back-to-School rush! This time of year can be hard on families – the purchase of back-to-school clothing, food, supplies and more can drain a minimum wage bank account in no time. Help support the families and children so that no one goes hungry in September. The following school supplies are in particular need:

- New Backpacks (Kindergarten to High School)
- Duotangs, binders, loose-leaf pages
- Crayons, Markers, highlighters, coloured pencils, regular pencils, pens
- Glue stocks, pencil cases, rulers, scissors
- Scientific and standard calculators, protractor sets

Let's help reduce this stress for Food Bank families and get the kids ready to learn! Thank you so much for your continued support - we are so touched by the generosity of this community.



Parish Notices and Updates _____

A PANCAKE BREAKFAST will be held on Monday September 5th from 9:00 to 11:00 a.m. at NBEX (361 Smythe St.). All proceeds will go to the support of the **Fredericton Community Kitchens**.

ON SUNDAY, SEPTEMBER 18TH, Deacon Nicholas is inviting the parish to his house for a house blessing and open house. The house blessing will start at 1:00 p.m., and the open house will be open until 3:00 p.m. Please note that incense will be used for the blessing, and there are many stairs in and around the house. We hope to see you there!"



We acknowledge that the land on which we gather is the traditional unceded territory of the Wəlastəkwiyik (Wolastoqiyik) Peoples. This territory is covered by the "Treaties of Peace and Friendship" which Wəlastəkwiyik (Wolastoqiyik), Mi'kmaq, and Passamaquoddy Peoples first signed with the British Crown in 1726. The treaties did not deal with surrender of lands and resources but in fact recognized Mi'kmaq and Wəlastəkwiyik (Wolastoqiyik) title and established the rules for what was to be an ongoing relationship between nations.



SCHEDULE OF SERVICES

SEPTEMBER 5: TRINITY FERIA

8:30 a.m. – Morning Prayer
4:30 p.m. – Evening Prayer

SEPTEMBER 6: TRINITY FERIA

8:30 a.m. – Morning Prayer
4:30 p.m. – Evening Prayer

SEPTEMBER 7: TRINITY FERIA

8:30 a.m. – Morning Prayer
6:30 p.m. – Evening Prayer
7:00 p.m. – Holy Eucharist

SEPTEMBER 8: NATIVITY OF THE BLESSED VIRGIN MARY

8:30 a.m. – Morning Prayer
4:30 p.m. – Evening Prayer

SEPTEMBER 9: TRINITY FERIA

8:30 a.m. – Morning Prayer
4:00 p.m. – Evening Prayer (Zoom)

SEPTEMBER 10: EDMUND JONES PECK, Missionary, 1924

8:30 a.m. – Morning Prayer
4:30 p.m. – Evening Prayer
5:00 p.m. – Holy Eucharist

SEPTEMBER 11: THE THIRTEENTH SUNDAY AFTER TRINITY

9:30 a.m. – Morning Prayer
10:00 a.m. – Holy Eucharist
4:30 p.m. – Evening Prayer



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*The Anglican Church of Canada
The Diocese of Fredericton*

THE PARISH OF ST. MARY, YORK



Gentleness and patience, humility and thankfulness, compassion and kindness, love — these are totally irrelevant in the culture that surrounds us. But they are the language of grace, the culture of faith, the characteristics of the kingdom. We are formed with such virtues when... the Word of Christ dwells in us richly.

Marva J. Dawn, *A Royal "Waste" of Time:
The Splendor of Worshiping God and Being Church For The World*, 1999

THE TWELFTH SUNDAY
after
TRINITY

September 3, 2022

*He has done all things well!
O come, let us worship!*

4:30 p.m. – Evening Prayer:

✠ Psalm 17 | 2 Kings 2:1-22 | Luke 23:1-25

5:00 p.m. – The Holy Eucharist

Introit Psalm 69:24-30:	<i>page 415</i>
The Gloria:	<i>page 86</i>
The Collect:	<i>page 236</i>
The Old Testament Reading:	Exodus 34:29-35
Psalm 70:	<i>page 415</i>
The Epistle:	<i>page 236</i>
Gradual 34:1-5:	<i>page 370</i>
The Holy Gospel:	<i>page 237</i>
The Creed:	<i>page 71</i>
The Homily	
The Prayers of the People:	L: Lord, in your mercy C: Hear our prayer
The Consecration:	<i>page 82</i>
Post Communion Prayer:	<i>page 85</i>

THE TWELFTH SUNDAY
after
TRINITY

September 4, 2022

*He has done all things well!
O come, let us worship!*

9:30 a.m. – Morning Prayer:

✠ Psalm 69 | Jeremiah 26:1-16 | Luke 4:16-30

10:00 a.m. – The Holy Eucharist

♪ PROCESSIONAL HYMN:	102 (MONKLAND)
The Gloria:	<i>page 86</i>
The Collect:	<i>page 236</i>
The Old Testament Reading:	Exodus 34:29-35
Psalm 70:	<i>page 415</i>
The Epistle:	<i>page 236</i>
Gradual 34:1-5:	<i>page 370</i>
The Holy Gospel:	<i>page 237</i>
Gospel Acclamation:	Alleluia
The Creed:	<i>page 71</i>
The Homily	
♪ OFFERTORY HYMN:	392 (DARWALL)
The Prayers of the People:	L: Lord, in your mercy C: Hear our prayer
The Consecration:	<i>page 82</i>
Post Communion Prayer:	<i>page 85</i>
♪ RECESSIONAL HYMN:	407 (MANNHEIM)